

Responding to Symptoms

- I. The Alberta Government Document on [Student Illness: If a student has COVID-19 symptoms](#) indicates two levels of symptoms
 - A. Students and staff are required to isolate for a minimum of 10 days, or until symptoms resolve whichever takes longer, if they have:
 1. Cough (new cough or worsening chronic cough)
 2. Fever
 3. Shortness of breath or breathing difficulty (new or worsening)
 4. Loss of Taste or Smellunrelated to a pre-existing health condition or if they test positive for COVID-19

Stay at home 10 days from the onset of these symptoms unless symptoms remain
Some coughs do not meet the 'isolation' threshold
Parent judgement of the onset date will not be questioned

- B. If you have **TWO OR MORE** of any of these other (less severe) symptoms, stay home and minimize your contact with others until your symptoms resolve:
 1. Chills
 2. Sore Throat/Painful swallowing
 3. Runny nose/congestion
 4. Headache
 5. Muscle/joint aches
 6. Feeling unwell/fatigued
 7. Nausea, vomiting, diarrhea, or
 8. Unexplained loss of appetite
 9. Pink eye
 1. **Keep the child at home.**
 2. **[Use the AHS Self Assessment Tool](#) or call Health Link 811.**
 3. **Stay at home until these symptoms are resolved for at least 24 hours.**
 4. **If you have only ONE of the above symptoms keep the child home and monitor for 24 hours. If improving, can return when feeling better. If worsening use [online tool](#) or call Health Link 811.**
- II. If a student is isolating due to symptoms but has not been confirmed as having COVID-19, siblings are not legally required to isolate and may continue to attend school. If the student with symptoms is tested and confirmed to have COVID, then all siblings must isolate for 14 days.
Siblings of symptomatic students may continue to go to school unless there is a positive test in the home
- III. Those unsure if they need to self-isolate should use the [Alberta COVID-19 Self-Assessment Tool](#).